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| Name: SMT PALLAVI | Reg No: 4-6SMMHC18 |
| Age / Sex:33 YRS/F | Contact No:7081663463 |
| Marital Status:ML – 3 YRS | Date:10/6/18 |
| Occupation:BANKER- BANK OF BARODA  BTECH IN ECE | Dr. PJFP |
| Address: NATIVE OF LUCKNOW UP.  IN BLORE SINCE 1.5 YRS | DIAGNOSIS- |

1. MILD PINCHING PAIN B/L BREASTS. SINCE 1 YR. OR SO
2. BLOATING ABD, FEELS GASSY. MORE FLATUS. SINCE 1.5 YRS.OR SO. NO MODALITY.
3. AT TIMES CONSTIPATION.
4. SKIN SENSITIVE DRY EASILY TANNED.

PAST H/O:

* 3 YRS BACK – CONSTIPATION PILES AND TOOK HOMOEO MED THEN.
* SKIN RASHES TO MUSTARD OIL
* USE TO PLAY IN SWIMMING POOLS A LOT IN CHILDHOOD.
* 6 MONTHS OF AGE HAD MEASLES
* CHICKEN POX 2012 BEFORE DADS DEATH.

PERSONAL H/O:

EGGETARIAN, EARLIER USE TO HAVE NON VEG. NOW LOST INTEREST. AVOIDS THE SOLID PART. CANT TAKE TOO SPICY FOOD.

THIRST NOT MUCH – MORNING SHE IS HABITUAL TO DRINK 2 GLASSES. AGAIN TILL 2 SHE DOESN’T DRINK MUST THINK CONSTANTLY TO DRINK WATER.

CONSTIPATION IS FOUND < LESS WATER, FRUITS LESS. CANT FEEL VERY CLEAR WITH MOTION. MUCH BE ELAXED THEN ONLY FEELS BETTER WITH MOTION.

FAMILY H/O:

MOM: 62 YEARS – ARTHRITIS, HEART ATTACKS, DM BEGAN NOW.

DAD : DM, KIDNEY STONES, GALL STONES, CRF, DIED AT THE AGE OF 64 YRS. 2013.

DM RUNS IN FAMILY PATERNAL SIDE.

I DON’T FEEL MY GASTRITIS NORMAL. SAID MANY TIMES.

2015 WENT TO US 2.5 MONTHS- HAPPIEST MOMENTS.

WHEN WITH MOTHER ALWAYS GOOD NO MATTER WHAT.

MOST SADDEST MOMENT WHEN LOST FATHER.

ARRANGED MARRIAGE.

WANTS HYGEINE WITH CLOTHES AND WASHROOMS.

PERIODS ARE REGULAR.

NO H/O CONTRACEPTIVE PILLS.

WILL SHOW OUT THEIR ANGER.

WEARS MORE PADDED WIRED BRAS.

SWEAT IS MILDLY OFFENSIVE. USES DEO.

SLEEPS MORE ON LEFT SIDE. HAS SOME LUMPS HERE AND THERE ON THE LEFT ARM, LEFT THIGH. AND RT. BUTTOCK REGION.

HAD SOME URTICARIA 2 EPISODES LAST 2-3 YEARS.

USE TO HAVE MANY SKIN ALLERGIES.

HER BIRTH WAS PREMATURE –

FEARS SNAKES AVOIDS TELEVISION. IN OLD HOUSE USE TO GET SNAKES. DREAMS ALSO GETS SCARED. ANY CREEPY THING GETS SCARED.

RX:

1. THUJA 200 -1 DOSE
2. AMN 6C – DISC 4-0-4.
3. RUB 15 - NT B/FOOD.